

OP BASIS VAN
BONEN UIT
& MEXICO.

Wijst je dat?
WIL BIJ ONS
SANDWICH
BALDY MAL
TOMATEN
PERFECT G
ECHTE KL

WEE



TAKE
TODAY

Wijst je dat?
ONS BROOD WORDT GEMAAKT DOOR
BAKKER LUUK. OP BASIS VAN P

UITGEBREID koffie DRINKEN MET VERG GEMAAKT
Zoet. LUNCHEN VAN DE UITGEBREIDE
lunchkaart OF EEN wijntje MET
IETS LEKKERS ERBIJ? HET KAN BIJ ONS ALLEMAAL!



ONZE PRODUCTEN WORDEN VERG EN MET VEEL
liefde BEREID IN ONZE KLEINE KEUKEN.
ZONDER KUNSTMATIGE TOEVOEGINGEN
EN PRODUCTEN MET EEN verhaal.



TUSSEN HET ETEN DOOR KUN JE GEZELLIG
RONDNEUZEN IN ONZE WINKEL. JE VINDT
HIER LEUKE kadootjes, MOOIE
PRODUCTEN EN lekkernijen.

enjoy it all!



LUNCH

Y
CA

TAKE



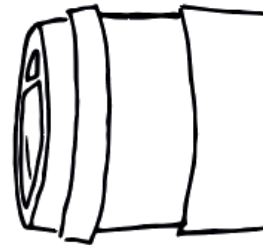
I'M FO



HUNNY

TAKE AWAY

Wijst je dat?
WIJ ONZE YOGHURT EN
HANGOP WEKELIJKS OPHALEN
BIJ BUURVROUW DURKJE IN
VEGELINSOORD. LOKAAL GEMAAKT
EN 'MEI LEAFDE MAKKE'



Wijst je dat?
VELLA PERSOONLIJK
BIANCO UIT OPENDE.
SUFFELMOZZARELLA
PIG EN EEN TIKJE ZOET.



HAPPINESS IS...
HAVING SOMEONE A
- DESERVED SANDWICH

YOGHURTS

WE MAKE OUR
Coffee & food
WITH LOVE! ♥

enjoy our
DELICIOUS

COFFEE

Wijst je dat?
BIJ ONZE WARM
WICHES EEN
YMALGE RELISH VAN
TEN SERVEREN.
WILT GEKRUID EN EEN
E KLASSIEKER!

BONENMELANGE OP BASIS VAN
100% ARABICA BONEN UIT
GUATAMALA, PERU & MEXICO.

COFFEE

ESPRESSO

Spicy, strong and powerful just like an espresso should be.



2.75 3.50

ESPRESSO MACCHIATO

Espresso with a little milk foam.

3.00

CORTADO

Espresso with warm milk and a thin layer of milk foam.

3.00

AMERICANO

A fine espresso diluted with hot water.

3.00 4.00

CAPPUCCINO

The perfect balance between our espresso, hot milk and creamy milk foam.

3.25 4.25

FLAT WHITE

Double shot of espresso with hot milk and a thin layer of milk foam.

3.95

CAFE LATTE

A delicious Americano with plenty of warm milk.

3.75

LATTE MACCHIATO

Frothed milk and milk foam with a delicious espresso in three perfect layers.

3.95

ICED LATTE

A delicious iced coffee with a dash of caramel syrup, cream, milk, ice cubes and a double shot of espresso.

4.75

Earth Coffee

A true taste sensation! A wonderful organic bean blend based on 100% Arabica beans from Guatemala, Peru en Mexico.

EARTH Coffee is created in collaboration with EARTH Concepts. EARTH Concepts donates 100% of the net profit to the waterprojects in Asia and Africa.



EXTRA

Shot espresso	1.00
Syrup (Caramel, Hazelnut, Vanilla)	0.50
Vegetable milk (Sproud, oat milk, Soy)	0.40
	0.50

HOT DRINKS

HOT CHOCOLATE

White | Milk | Dark Chocolate
with warm frothed milk.

VEGAN RAW HOT CHOCOLATE MILK

With or without Agave Syrup

TEA FROM THEEFABRIEK

Specially selected teas
from our tea box.

FRESH MINT OR GINGER TEA

Fresh mint or ginger tea with a delicious
(if desired) honey from Westervold

HEALTHY TEA

Mint | Ginger | Lemon
Orange | Ginger | Cinnamon

CHAI LATTE

According to Indian Masala recipe with
cinnamon, cardamom and pepper.

DIRTY CHAI

Chai Latte with a perfect espresso shot.

MATCHA LATTE

Green Japanese Matcha tea in a
tasty latte variant.

COLD DRINKS

3.50 REAL GRONINGEN APPLE JUICE 2.95

Traditional apple juice from Groningen soil.

3.95 HOMEMADE LEMONADE 3.95

Carefully selected homemade organic
lemonades that really surprise. Flavors:

2.75 Spiced Apple Pear | Ginger Orange | Blueberry Lavender
Sparkling + 1.50

3.25 AILAIKE BIO HANDMADE ICED TEA 3.95

Lemon-Mint | Peach-Mango | Orange-Ginger

EARTH WATER 2.75

Still | Sparkling

3.50 FRITZ 3.75

Kola | Kola Light

4.25 AMSTERDAMSE FRISDRANK FABRIEK 3.75

Cucumber | Palo Santo

4.25 LUSCOMBE GINGERBEER BIO 3.75

Cool | Hot | Passionate



Looking for some sweets?

Everyday we have got some new fresh specialities. Ask us
about it and we would to give you more information!

JUICES

100% Biological, pure en raw vegetable juice. 85% vegetables, 15% fruit and spices. 100 gram fresh vegetables per juice. Seasonal and local ingredients.

Prepared in a traditional way with the slowjuicer.

FRESH 5.25

This carrot juice is good for your skin, eyes and your hair. Including carrot, apple and grapefruit.

SUNNY 5.25

Rich in vitamin C and supports your immune system. Including yellow beetroot, turmeric and orange.

ENERGY 5.25

Supports your energy level with various vitamins and minerals. Including beetroot, lemon and red cabbage.

Healthy Choice

DETOX 5.25

Helps detoxify your body and cleanse your liver. Including spinach, celery and ginger.

HYDRATE 5.25

Hydrates your skin from within. Rich in vitamins A and C. Including watermelon, cucumber and raspberry.

RONS JUICE 5.25

Supports your immunity and ensures a beautiful skin. Including yellow beetroot, pineapple, cucumber, pumpkin and cranberry.

SMOOTHIES

We make smoothies in various flavor combinations. This can be based on fresh fruit juice from Noordbroek, the daily fresh yogurt from Duurvrouw Durkje or with plant-based yogurt.

EXTRA ENERGY 5.25

Strawberry | Banana

MAD BERRIES 5.25

Strawberry | Raspberry | Blackberry

TROPICAL DELIGHT 5.25

Peach | Passion Fruit | Mango

SUNSHINE 5.25

Spinach | Mango | Banana | Ananas

GREEN MACHINE 5.25

Broccoli | Celery | Spinach | Banana | Ananas

Yoghurt + 0,50



WHITE WINE

ZENATO PINOT GRIGIO

4.95

100% Pinot Grigio – Veneto, Italy.
Pleasant scent of grapefruit, melon and peach.
The taste is fresh and sultry.

RED WINE

PIPOLI ROSSO AGLIANICO 2019

4.95

100% Aglianico – Basilicata, Italy
Bright red with violet hues, aromas of
cherry and vanilla.

*Discover our
finest wines*

ROSE WINE

MANON COTES DU PROVENCE

5.75

60% Grenache, 30% Cinsault and 10%
Syrah – Provence France.
Fine aromas of honeysuckle and peach.
Pleasant and a soft aftertaste.

BREWERY

SLIM SIMMER

Light blond beer for a nice moment of
relaxation. Slightly bitter finish. Soft and
fresh taste.

WAD WEIZEN

This delicious fresh beer consists of 60%
wheat. It has a nice tingling and a fresh
aftertaste. A real classic.

YPE

This IPA has a pleasant fresh bitterness, a
hoppy aroma and, just like the Frisians, a
stubborn twist.

SNACKS



15:00–17:00

3.95

BROODPLANKJE

8.50

A tasty shelf filled with fresh bread
from Bakker Luuk and delicious fresh
dips.

3.95

NACHOS A LA FOOD MATTERZ

9.50

Nachos, richly topped with cheese, crème
fraîche, tomato and onion. Delicious warm
from the oven, served with a homemade
guacamole.

4.25

*Sit back relax and
enjoy your me time
moment*

BREAKFAST

09:00–11:30

WARM BANANA BREAD 8.95

Warm banana bread with fresh yogurt from Duurvrouw Durkje and fresh fruit.

'THE PERFECT WAY TO START YOUR DAY' BREAKFAST 13.95

3-part breakfast consisting of a tasty toasted sandwich with hummus, rocket, sprouts and nut mix. A yogurt from Neighbor Durkje with granola and fresh fruit and a piece of fresh banana bread.

VERSLAVEND LEKKERE GRANOLA 7.95

Yoghurt from Duurvrouw Durkje with freshly baked granola from 'I just love breakfast'. Topped with blueberries, goji berries, coconut flakes and a dash of Westerwold honey.

TROPICAL VIBE 8.95

Hangop van Duurvrouw Durkje with raspberry jam, a generous layer of homemade fresh sweet chutney of mango and pineapple, chia yogurt, topped with granola, blueberries and coconut flakes.



Breakfast
Matterz as it
sets the tone
for the rest
of the *day*

Or choose our

BOWLS

09:00–11:30

ACAI BOWL 9.95

Acai is a berry that is full of vitamins, minerals and antioxidants.

The bowl is served nice and cold and is a delicious healthy treat with acai, mango, blueberry and strawberry. To finish the bowl we add fresh seasonal fruit, nuts and granola.

CHOCOLATE SMOOTHIE BOWL 9.95

The chocolate bowl is creamy and sweet.

The nice and healthy thing is that this bowl contains avocado, among other things. While you enjoy a delicious chocolate bowl, you also get good fats and vitamins. This bowl is made with, among other things, banana, plant-based milk, raw cocoa, peanut butter and fresh dates. It is topped with hazelnut, coconut and dark chocolate.

We have delicious dishes for breakfast and lunch. Our breakfast is from 9 - 11:30 and lunch is from 11:30 - 16:30.

If you would like to order something else outside of the breakfast or lunch period, we would be happy to discuss this with you.

YOGHURT

09:00-16:30

HEALTHY

7.95

Raspberry Jam | Granola | Nutmix | Blueberry | Raspberry

BANANA CHOCOLATE

7.95

Chocolate Chip Cookie | Dark chocolate | Banana | hazelnut | Coconut

CRUNCH & NUTS

7.95

Dastogne | Nutmix | Fresh dates | White chocolate



Our yoghurt is suitable for any time

Buurvrouw Durkje

Every week, we pick up the tastiest curds and farmer's yoghurt in Vegelinsoord; of the small-scale farm of Buurvrouw Durkje. These products are local and made with a lot of love.

Of course there is always an option for vegetable yogurt.

EXTRA

Curd	1.00
Soya/Coconut Yoghurt	1.00

SANDWICHES

(COLD)
11:30–16:30

FOOD MATTERZ CLUB

10.95

Discover one of our favorite sandwiches: the Food Matterz Club. This Club consists of pesto mayonnaise, arugula, our fresh buffalo mozzarella, tomato, fried pancetta and spicy Italian salami.

Mozzarella

We personally get our mozzarella from buffalo farmer in Opende. This fresh buffalo mozzarella tastes creamy, juicy and a little sweet!

ROASTED BABA GANOUSH

9.95

Baba Ganoush (a tapenade of roasted aubergines), mixed salad, grilled vegetables seasoned with the Garlic Heaven herbs from Green Gypsy Spices and sunflower and pumpkin seeds.

AVOCADO DI POLLO

11.95

Avocado, rocket, fried pancetta, warm seasoned chicken (antibiotics free), truffle mayonnaise, Parmigiano Reggiano.

HUMMUS MANGOCHUTNEY

9.95

Hummus, fresh sweet spicy mango chutney, rocket, red pepper, roasted sesame seeds and pieces of walnut.

GREEN GODDESS

9.95

A delicious homemade spicy sauce with the Garlic Heaven herbs from Green Gypsy Spices, mixed lettuce, avocado, fresh buffalo mozzarella, green pepper and cucumber.

 Vegan

SANDWICHES

(WARM)
11:30–16:30

DI CAPRA

8.95

Semi-cured goat cheese, pesto genovese, spinach and fresh buffalo mozzarella from Orobianco.

Ballymaloe relish

We serve a Ballymaloe relish with our hot sandwiches. Ballymaloe comes from Ireland and is a perfectly spiced relish.

A real classic!

SALAME PICCANTE

8.95

Spicy Italian salami, homemade tomato bruschetta and buffalo mozzarella.

CAPRESE

8.95

Pesto Genovese, rocket, fresh buffalo mozzarella, sun-dried tomatoes and red onion.

Bakker Luuk

Our wholemeal bread is made by Bakker Luuk based on pure, natural raw materials from Mulder Pot from Kropswolde (Groningen). We bake this bread to completion and cut it into beautiful coarse Bourganid sandwiches.

! ALLERGIES

We prepare our lunch in a small kitchen. If you have an allergy, please let us know. We like to think along with you.

SALADS

11:30–16:30

INSALATA GREEN GODDESS

13.95

Homemade spicy sauce with the Garlic Heaven herbs from Green Gypsy Spices, mixed lettuce, avocado, fresh buffalo mozzarella, green pepper, cucumber and sprouts.

INSALATA DI POLLO

14.50

Mixed lettuce, fried pancetta, avocado, warm spiced chicken (antibiotics free), truffle mayonnaise and Parmigiano Reggiano.

INSALATA VEGAN

13.95

Mixed lettuce, wholemeal couscous, sundried tomatoes, red pepper, kidney beans, crunchy broad beans, walnuts, basil olive oil and hummus.

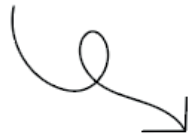
AND YES...
WE *do think* THAT
FOOD MATTERZ!

EXTRA

With the salads we serve a slice of wholemeal Burgundian bread from our Bakker Luuk.



A NICE PLACE WHERE YOU CAN REALLY *relax*,
WHERE ALL STRESS AND TENSIONS CAN BE *released*
AND YOU CAN *enjoy* TOGETHER WITH FAMILY AND FRIENDS



BECAUSE WHERE FOOD MATTERZ, *you matter!*



follow us ☕☕

@FOODMATTERZCAFE



INSTAGRAM

☕☕ ENJOY ☕

enjoy our
POSTS ↘

BLOG

NEWSLETTER

Would you rather receive an inspiring, Dutch written, email from us every month filled with great tips, tricks and recipes? Sign up for the Food Matterz Stories via <https://www.foodmatterz.nl/>.

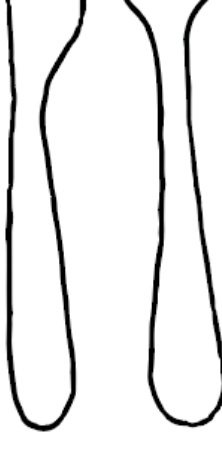
Do you also love honest and healthy food and would you like to read more about it? Follow our blog! Once a month we upload our website with a new blog about our suppliers, fine products, recipes and fun tips and tricks. Go to www.foodmatterz.nl/blog and be surprised!

W
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FOOD
MATTERZ

Wist je dat?...
BID ONZE WARMEN
WICHES EEN
RELISSH VAN
TEN SERVEREN.
BUCT GEKUID EN EEN
KLASSIEKER!

FOOD
MATTERZ



TODAY
A
GOOD
DAY

CAKES

Wist je dat?...
ONS BROOD WORDT GEMAAKT

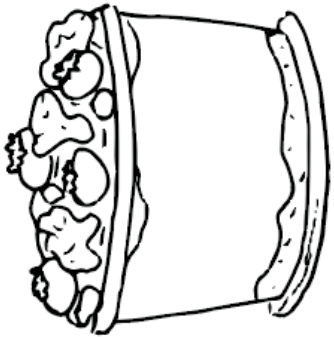
Wist je dat?...
WIJ ONZE MOZZARELLA PERSOONLIJK
OPHALEN BIJ ORO BIANCO UIT OPENDE.
DEZE DAGVERSE BUFFELMOZZARELLA
PROEFT ROMIG, SAPPIG EN EEN TIKJE ZOET.

LUNCH



FOOD
MATTERZ

I'M A REAL
FOODIE



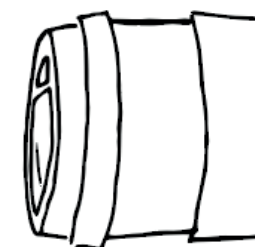
AKFAST

LUNCH

TAKE AWAY

Wist je dat?...
WIJ ONZE YOGHURT EN
HANGOP WEKELIJKS OPHALEN
BIJ BUURVROUW DURKJE IN
VEGELINSOORD. LOKAAL GEMAAKT
EN 'MEI LEAFDE MAKKE'

TAKE AWAY



enjoy our
DELICIOUS

COFFEE

Wist je dat?...
MOZZARELLA PERSOONLIJK
BIANCO UIT OPENDE.
BUFFELMOZZARELLA
SAPPIG EN EEN TIKJE ZOET.

FOOD
MATTERZ

- Wist je dat?...
• EEN WARMEN
• RELISSH VAN
• SERVEREN.
• KUID EN EEN
• SIEKER!

- NESS IS...
- OMEONE A
- RVED SANDWICH

OGHURTS

WE MAKE OUR
Coffee & food
WITH LOVE! ♡

follow us

Follow us on Instagram, Facebook & Pinterest @foodmatterzoafe
And use our hashtag #foodmatterz

- Wist je dat?...
• WIJ ONZE
• SANI
• BALL
• TOM.
• PERF.
• ECHT!

- MA!
- MEL!

Wist je dat?...
WIJ DE BONEN GEBRUIKEN VAN

FOOD